

Round 15

APHORISMS



**Oh I don't know - mendacious intellectual
folly sounds pretty good to me.**

"Just remember, once you're over the hill you begin to pick up speed."
Arthur Schopenhauer

Wow! Isn't it just so wonderful to be alive in a Universe of Emergent Novelty!
I am not an elitist. It is just that I don't suffer fools gladly. *But MacMouse, you
think that almost everyone else is a fool!* Okay – and so....

A dear friend said that I'm a **coprophagic** guy. He said that it really fits me.
Doesn't that sound so loftily philosophic.

Sign seen on a friend's office door:

YOUR LACK OF PLANNING IS NOT MY EMERGENCY

I am combining bumper stickers. One is:

THANK GOD THERE IS ONLY ONE AMERICA

A woman friend recently told me that I have the fashion sense of Gyro
Gearloose, as though that is supposed to mean something to me???

Okay – so I do look a little funny with this **pedomorphosis** – must be the
Boskop ancestry. Of course that does explain some of my intellectual gifts!

<http://discovermagazine.com/2009/the-brain-2/28-what-happened-to-hominids-who-were-smarter-than-us>

I was recently told by a friend(?) that I remind him of a line **Jerry Garcia** said about **Stanley Owsley**: *“Yeah, there’s nothing wrong with him that a few billion less brain cells wouldn’t fix.”*

I worked for years to evolve my mind so that I could see Reality unfiltered by preconceptions, prejudices, etcetera, and I finally succeeded, And Yikes – it isn’t a pretty picture. What was I thinking?

I’ve been seeing an unusual amount of birds flocking lately. I’m beginning to worry that they are planning the start of another invasion.

I don’t know about you – but I am sooo ready for the **Satya Yuga**.

Speaking of birds – what are they, stupid or something? I’m looking at the power lines over the freeway, and that is where they’re all sitting; right over the road! Don’t they know that auto exhaust stinks and is bad for you?

Isn’t life so like what Wallace Stevens said about how: *“The squirming facts exceed the squamous mind.”*

Well, yes, my inner two-year old does come out sometimes, but you have to remember what that is in mouse years.

My soul is thirsty – has anyone bottled any of that oh so good water from the **Lethe River**?

William James said that *“...common sense and a sense of humor are the same thing moving at different speeds. A sense of humor is common sense dancing!”*

Hmmm – I wonder if I’ve been under exaggerating my virtues and abilities???

Ya know – my life has been full of exceptional experiences, far beyond the pale of the norm, unfortunately, however, most of them have been the kind you want to avoid!

Yeah, well, call it an addiction if you want, but I prefer to think of myself as a connoisseur of altered states.

I don’t imagine that I’d be so self-absorbed if my inner workings weren’t just sooo fascinating!

I’ve heard it said that *“life is a circuitous journey,”* but I never thought that mine would turn into a **mobius strip**!

I know that some people have attitudes about such things, but I don’t think that a day is every wasted if you’ve had fun.

I hate it when other people change, because it means that I could change, and I don’t want to. I’m comfortable with my neuroses. They’re old friends. No surprises. No new challenges. It’s great. And as long as I don’t believe that

it is possible to change then I don't have to even try. So if you change, please don't tell me. Okay?

I don't know whether I am better at thinking about what I have forgotten or forgetting what I have been thinking.

Yesterday was a bummer. I'm gonna be so pissed off if it ever tries to come back again.

Aren't public bathrooms great. They allow couples to do dual casting.

I'm with **Epicurus**: *"It isn't what we have, but what we enjoy, that constitutes our abundance."* Isn't that much better than Jean Paul Sartre's *"If I satiate my desires, I sin but I deliver myself from them; if I refuse to satisfy them, they infect the whole soul."*

As **George Mathew Adams** said: *"You cannot waste time, you only waste yourself."* So... uhh... what are you doing here?

coprophagic - shit eating.

pedomorphosis - the retention of juvenile traits into adulthood.

Boskop - a group of hominids from 10,000 years ago possessing remarkably large brains.

Jerry Garcia – deceased guitarist for the Grateful Dead; cult countercultural personality.

Stanley Owsley – - famous in the 60's counterculture for being the premier LSD chemist, as well as being responsible for the Grateful Dead's Wall of Sound PA system.

Satya Yuga - In Hindu cosmology's endless cycles it is the golden age that follows the dark age of the Kali Yuga that we are supposedly near the end of now.

Lethe River - – in Greek mythology a river in Hades; that the souls of the dead had to drink from, which made them forget all they had done and suffered when they were alive.

mobius strip - an object with one surface and two edges. You can make one by taking a strip of paper, rotating it one time and attaching the ends.

Epicurus - – a Classical era Greek philosophy who taught that the goal of life is to be happy, tranquil life, free of fear and pain.

George Mathew Adams – an early 20th century newspaper columnist.



I am an all-loving embodiment of the Uncertainty Principle. My Universe is both like and unlike your Universe. It is brought into existence in this very moment that you are observing it by the very act of your presence here now. You are my Creator. I thank and worship you. I hope that you take pride in me – Your Creation In This Moment. Truly!



It is a sign of my intellectual and emotional maturity that I am comfortable quoting others in my scholarly writings (even if many of them are human).

“Life is a process of becoming, a combination of states we have to go through. Where people fail is that they wish to elect a state and remain in it. This is a kind of death.”

Anias Nin

If you are depressed by the state of the world, and the multiple serious problems facing humanity and the biosphere, I have a solution. There’s nothing quite like a nice psychedelic journey to reaffirm, that in the big picture, everything is always, and indeed can only be, all good. After all, the entire Universe and beyond is in the Mind of God. All is well, and will be only better in the Big Picture. Not to diminish the local reality of human suffering, but still....

“The world must have a God; but our concept of God must be extended as the dimensions of our world are extended,” wrote **Pierre Teilhard de Chardin** almost a century ago. In the early twentieth century, evolution had changed everything, he noted. And he predicted that only those religions would survive that were willing to develop forms of their traditions that organically embrace the reality of an evolutionary worldview. . . . The consciousness of our age calls out for a God principle that lives not just in the wondrous beauty of nature, or the eternal stillness of the present moment, but in the unknown creative potential that exists in the mysterious space of the future.

I asked a guy I know how he was doing, and he answered: “Good as hell!”

Uhh – then why was he smiling?

I finally gave up that disgusting habit of smoking pot. *Ohh really?* Yeah – the smoking, not the pot. Now I only **vaporize** it!

Pierre Teilhard de Chardin – famous 20th century Jesuit philosopher.

vaporize - – a popular healthier way of inhaling marijuana by heating it enough to free the water vapor and psychoactive components while not creating ash, smoke, or toxic by-products of combustion.



“Love is space and time measured by the heart.”

Marcel Proust

Ahh – finally I have discovered the secret to how I can get the perfect mate. I don't know why I didn't think of it sooner. I just have to be perfect myself. How hard can that be?

My relationships used to be one **danse macabre** after another.

My gal is no chicken, but she is finger lickin' good!

I mean like, she's sooo good, that I want her even when I don't want her.

Fancy, did you know that brain-dead mammals can have orgasms? *Sounds like most of the guys I've dated.* WHAT!!!

danse macabre - a medieval dance in which a skeleton representing death leads a procession of others to the grave.



***Oh MacMouse, there just isn't time enough for everything.
Hmmm – and I thought that everything had its own time.***

Oh the smell of Sweet Allysum! It is so heavenly. It's like having an orgasm.

Great – next time you're horny and I'm not, you can just go smell the flowers. Fancy, I really appreciate how often you help me be right. *That's part of my job here.* Sorry it is such a full-time one.

Since you are going away, let's see if we can make up some lost time from the future. *Oh yes!*

Hey Fancy – what do think of this quote by Karl Marx: *“Anyone who knows anything of history, knows that great social changes are impossible without feminine upheaval. Social progress can be measured exactly by the social position of the fair sex, the ugly ones included.”* You better not be trying to imply what I think you are with that!!! No, of course not my delectable sweetness. But how about this one by Proust; *“Let us leave pretty women to men devoid of imagination.”* ALL RIGHT THAT'S IT - YOU'RE GETTING NONE TONIGHT, YOU MACHO MONSTER!

Golly Fancy, you're so gorgeous – I'd love to **insufflate** every one of your's.

Jeez girl – is 'hyperlanquidity' your middle name or what?

I think Fancy is finally getting what it means when I say: *“Well duh!”* after one of her statements. Smart girl!

I was apologizing to Fancy about my latest psychotic episode, and she said: *“That wasn't psychotic, that was catatonic.”*

So Fancy I'm thinking about trying some of that Ciallis stuff. *Okay. Are there any side effects?* Well I hear that it kills off brain cells, but I don't care

because I'd rather be a happy idiot than an impotent genius. *But MacMouse, you already are that.* Huh?

Fancy told me that she's been thinking lately that maybe it would be better if we had a more **antipodean** relationship. And as I always do when she uses big words, replied: "Whatever you think best dearest." I hope that was a safe response.

Oh wow Fancy - I read that male piggies can ejaculate up to an entire cup full of semen. Jeez, if I did that we'd both drown! Of course their orgasms can last up to 30 minutes so.....

Fancy: "*MacMouse you have **Peyronie's disease of the brain!***" Oh yeah

Fancy – well you are just mad because you've got **dyspareunia!** So there!

Yes Fancy I too am glad that ole **Al Whitehead** got it about how the

"**microgenetic holarchical** nature of each moment of existence" unfolds.

Although for me, I would have preferred him to use another prefix than 'micro.'

Fancy: "*Oh Mac, you're so big, and strong, and big - Oh, did I mention big already? - to me.*" Hmm? I wouldn't be detecting a note of sarcasm and condescension in that would I??? *Oh no, not at all my big lunk.*

insufflate - to blow a medicated vapor, powder, or anesthetic into the lungs, or into any cavity or orifice of the body.

antipodean - existing on the opposite side of something, as two people on opposite sides of the globe.

Peyronie's disease - a condition, in which scarring of the penis leads to its bending during erection.

dyspareunia - painful sexual intercourse, due to medical or psychological causes.

Alfred North Whitehead - an influential mathematician and philosopher of the early 20th century.

microgenetic – a scientific method used to observe change in detail.

holarchical – to have the nature of a holarchy, i.e. comprised of holons, i.e. a term referring to the reality that every unit of existence is a whole comprised of smaller wholes, and itself a whole within larger wholes. E.g quarks - atoms - molecules - tissues -organs - entity - society - biosphere, etcetera.



“The only function of economic forecasting is to make astrology look respectable.” Harvard economist John Kenneth Galbraith.

Goto www.HowItShouldHaveEnded.com for monthly animations providing humorous alternative endings for various sci-fi movies, etc. [Wired magazine]

Get a sense of humor: A friend’s 4 y/o boy, upon seeing a young woman with dreads for the first time said: *“Look at her hair. It looks like chocolate-covered worms. I want hair like that!”* The woman wasn’t amused. The boy’s mother had mixed feelings.

Re our reality show, celebrity-faux pas obsessed culture: *“The British historian Arnold Toynbee argued that civilizations thrive when the lower classes aspire to be like the upper classes, and they decay when the upper classes try to be like the lower classes. Looked at through this prism, it’s hard not to see America in a prolonged period of decay.”* Jonah Goldberg in the LA Times quoted in The Week.

IS THIS FAIR? First the Miss California pageant paid for Carrie Prejean’s boob job, and after some scandals cost her the crown, they sued her to recover the \$5,200 cost. (Reported in Mother Jones magazine mini-section titled “You, Only Better! The relentless, vain, illegal and creepily high-tech pursuit of perfection, which included a number of other interesting factoids like Americans spent \$10.3 billion on cosmetic surgery in 2008, a 388% increase since 1997.) NOTE: A few years ago the Miss China contest winner for the Miss Universe contest was disqualified after it was revealed that she had cosmetic surgery. Solution: Now China has a beauty contest in which all the contestants have had cosmetic surgery, and the doctor who performed it is her co-contestant.

“The oppressed are allowed once every few years to decide which particular representatives of the oppressing class are to represent and repress them.” Karl Marx. And it is still true over a century later isn’t it?

It costs the us about a million dollars (\$1,000,000) a year for each of the 100,000+ soldiers we have in Afghanistan. (That’s 100+ billion dollars!)

Are we getting our money’s worth? And if so, for what?

GOOD ENVIRONMENTAL NEWS: They are now finding out that where tropical forests that have been cut down, instead of the land staying barren, the forests do come back (if livestock is not grazed on it), regaining as much as 90% of their biodiversity in 20 years.

Yea for ol' Momma Nature!

You humans sure are a bunch of idiots – just look at these numbers:

HuffingtonPost (02-02-10): A new poll of more than 2,000 self-identified Republican voters illustrates the incredible paranoia enveloping the party and the intense pressure drawing lawmakers further and further away from political moderation.

The numbers speak for themselves -- a large portion of GOP voters think that President Obama is racist, socialist or a non-US citizen -- though, when considering them, it is important to note that a disproportionate percentage of respondents are from GOP strongholds in the South (42 percent) as opposed to the Northeast (11 percent). Also note that this is a poll of self-identified Republicans, which means that independent Tea Party types are not included.

Nevertheless here are some of the standout figures as [provided by Daily Kos/Research 2000](#):

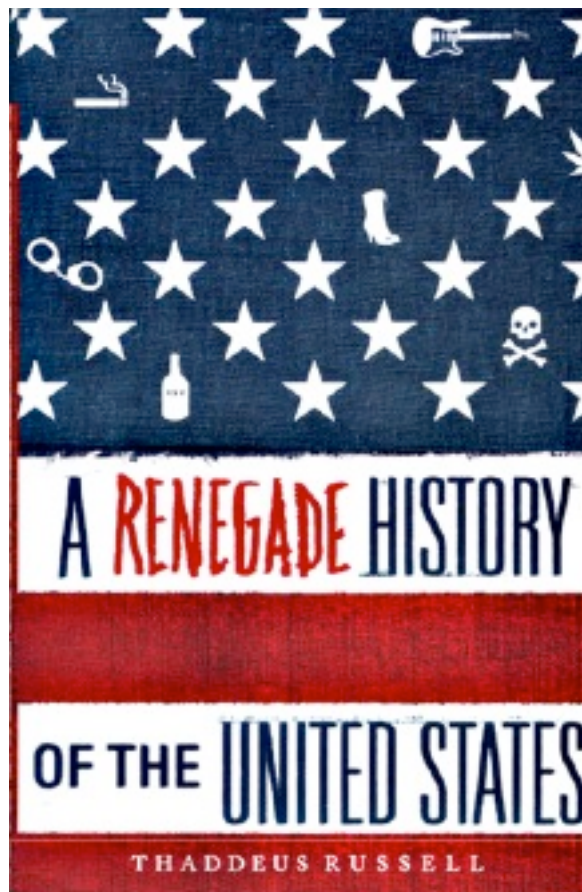
- 39 percent of Republicans believe Obama should be impeached, 29 percent are not sure, 32 percent said he should not be voted out of office.*
- 36 percent of Republicans believe Obama was not born in the United States, 22 percent are not sure, 42 percent think he is a natural citizen.*
- 31 percent of Republicans believe Obama is a "Racist who hates White people" -- the description once adopted by Fox News's Glenn Beck. 33 percent were not sure, and 36 percent said he was not a racist.*
- 63 percent of Republicans think Obama is a socialist, 16 percent are not sure, 21 percent say he is not*
- 24 percent of Republicans believe Obama wants "the terrorists to win," 33 percent aren't sure, 43 percent said he did not want the terrorist to win.*
- 21 percent of Republicans believe ACORN stole the 2008 election, 55 percent are not sure, 24 percent said the community organizing group did not steal the election.*
- 23 percent of Republicans believe that their state should secede from the United States, 19 percent aren't sure, 58 percent said no.*
- 53 percent of Republicans said they believe Sarah Palin is more qualified to be president than Obama.*

Go Apple: as of Jan 2010 Apple has sold some 250,000,000 iPods / had 50,000,000 visitors to Apple retail stores in the previous holiday quarter / offers 140,000 iPhone applications with some 3,000,000,000 downloaded / had \$15,600,000,000 in revenue in the final quarter of 2009 / laptops (Apple introduced the first laptop of any company in 1991), iPods, and iPhones have each transformed their respective market. And when grouped as mobile communications devices, their revenues are higher than any other company in the field, i.e. Nokia, Samsung, etc. And now (Jan. 2010) the iPad, which they hope will transform all three markets at once. We'll see – but I would hesitate to bet against them.

On the other hand over 47 million Americans are living below the official poverty level, which was set when money was worth a lot more. E.g. a family of three earning more than \$17,180/yr is no longer considered to be living in poverty! Think about it – a generation ago one hour at a minimum wage job could buy you 8-10 gallons of gas. But now you'd need to earn over \$25/hr for the same purchasing power, and similar numbers are true for other staples. Some 35% of American families are living on under \$35,000/yr.



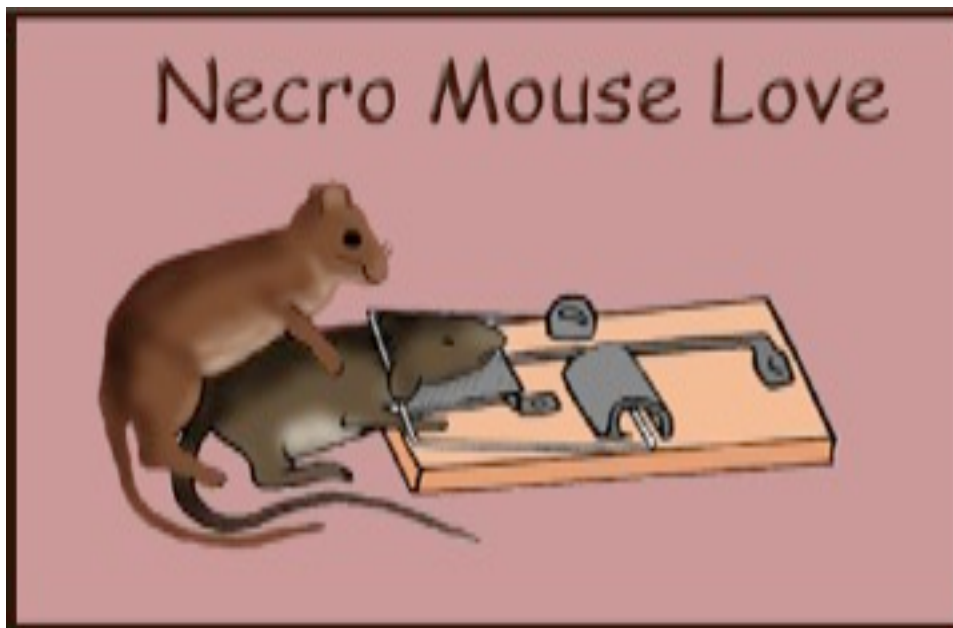
A POTENTIAL NEW FRIEND: A New Jersey company says it has developed "the world's first sex robot," a life-size rubber doll that's designed to engage the owner with conversation rather than lifelike movement. At a demonstration at the Adult Entertainment Expo in Las Vegas on Saturday, the dark-haired, negligee-clad robot said, "I love holding hands with you," when she sensed that her companion touched her hand. Another action, this one unprintable, elicited a different vocal response from Roxxy. The level of sophistication demonstrated was not beyond that of a child's talking toy, but Roxxy has a lot more brains than that – there's a laptop connected to cables coming out of her back. She has touch sensors at strategic locations and can sense when she's being moved. But she can't move on her own, not even to turn her head or move her lips. The sound comes out of an internal loudspeaker. Hmmm? I am going to wait for the next model, and see what kind of... umm... enhancements they make.



This is not your text book version of American history. The material in this book, while amply documented from source materials, was controversial enough to get the author fired from Columbia University. Use Amazon's 'Look Inside" **feature** and you'll see why: Prostitutes as the progenitors of women's rights; slaves as fashion mavens with a lifestyle often envied by poor whites, etc. A fun and informative read.

MISANTHROPODIES

Note: (*miss-an-THROP-oh-dees*) is a word I coined from the contraction of *misanthropic* (being disdainful of humanity) and *parodies* (treating a serious subject in a nonsensical manner in an attempt at humor or ridicule). The goal is to make fun of some of the absurdities so commonly found in human behavior by taking them to extremes. *Reductio ad absurdum* and all that.



I thought that tonight, of all nights, you'd use that old "I've got a headache" excuse.

My NewAge friends kept telling me that if I would just raise my consciousness, then more positive synchronicities would appear in my life.

*I was skeptical, but it turns out that they were sooo right!
I had my accountant do the actuarial tables to see how the cost effectiveness of buying this dating machine compared to what dinners and drinks over the lifetime of it would have cost me. And guess what - it's a bargain!
I know that American's aren't supposed to think this, but this situation does remind me of how satisfied Osama must feel when he sees that for the few million dollars he spent, we are spending trillions (millions of millions) in response. They about bankrupted Russia, and now they're doing it to us. Smart those wily Arabs,
I contacted Pfizer about how they could use this scenario in one of their Viagra commercials. They must be really thinking about it because I haven't heard back from them yet.
You know, Sis, I am grateful that we mice judge **consanguinity** differently than those uptight humans.*

consanguinity - relationship by blood or by a common ancestor.



This does challenge the old gender stereotypes right down to their fundament doesn't it.

Is there perhaps some **tertium no datur**? *No my sweet, this is the **via media**.*

Damn - If we hadn't watched that episode of **Weeds** she never would have

thought of this. *You know you are right - so let's put this on YouTube for those who missed that episode.*

tertium no datur - no third option.

via media – the middle way.

Weeds – popular television series featuring the adventures of a widowed pot selling suburban housewife whose womanizing live-in brother-in-law gets his like this in episode 2-6.



Trying to get my daughter drunk, to see if sex really is better with a princess, was not a good idea, now was it?

Well yes, if we hadn't privatized the prison system, and I wasn't getting kickbacks for everyone I sentenced, then you wouldn't be here. Don't you just love capitalism.

No one, no one, no one, gets to steal the Queen's cheese. That's like a Republican politician criticizing Rush Limbaugh.

I am being lenient - I could have sent you into the kitchen with the hungry cats.



I say "Cry havoc and let slip the mice of war!"*

He's big and he's bad, but I have the power of righteousness on my side. I so love watching their hubris undo them - in this case at the atomic level. His wife ought to be able to get a refund from the shoe company. After all, they're almost new.

*Jesus **said** that the mind makes a poor master; that we need to let our hearts guide our lives. This guy must have missed church that Sunday. Well, ya know, it's like Sherlock Holmes said to Watson: "I am a brain, my dear Watson, and the rest of me is a mere appendage." And unfortunately for you, big guy, my brain is way bigger than your appendage.*

* apologies to Mr Shakespeare.



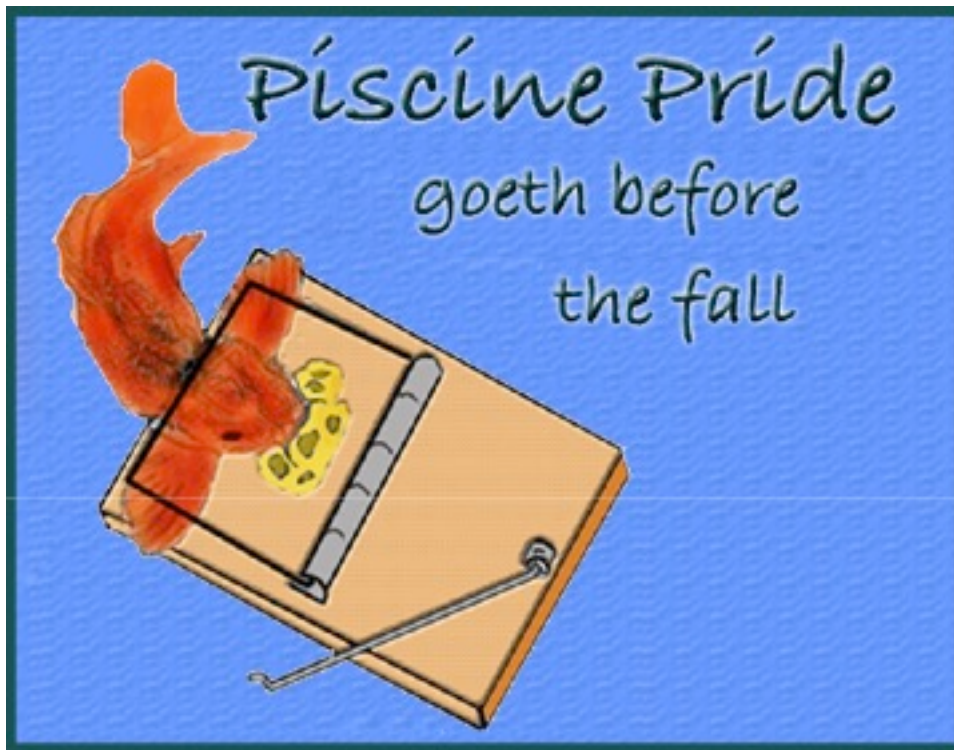
We're going to have to review the instant replay film to see who actually won the cheese.

It is interesting how poor mice always fall for the elite's propaganda, and end up acting against their self-interest.

Too bad - they were such a lovely matched set. Isn't cloning great.

*It appears that their **mirror neurons** were working perfectly. Not now though!*

mirror neurons - are neurons that fire both when an animal acts and when the animal observes the same action performed by another. Thus, the neuron "mirrors" the behavior of the other.



***I so love how there's always hope.
Well up to a certain point anyway.***

Our world does not celebrate initiative if it falls too far outside the norm. It's like Anais Nin said: "We travel, some of us forever, to seek other states, other lives, other souls." Hmm - I wonder where his next "forever" will be.

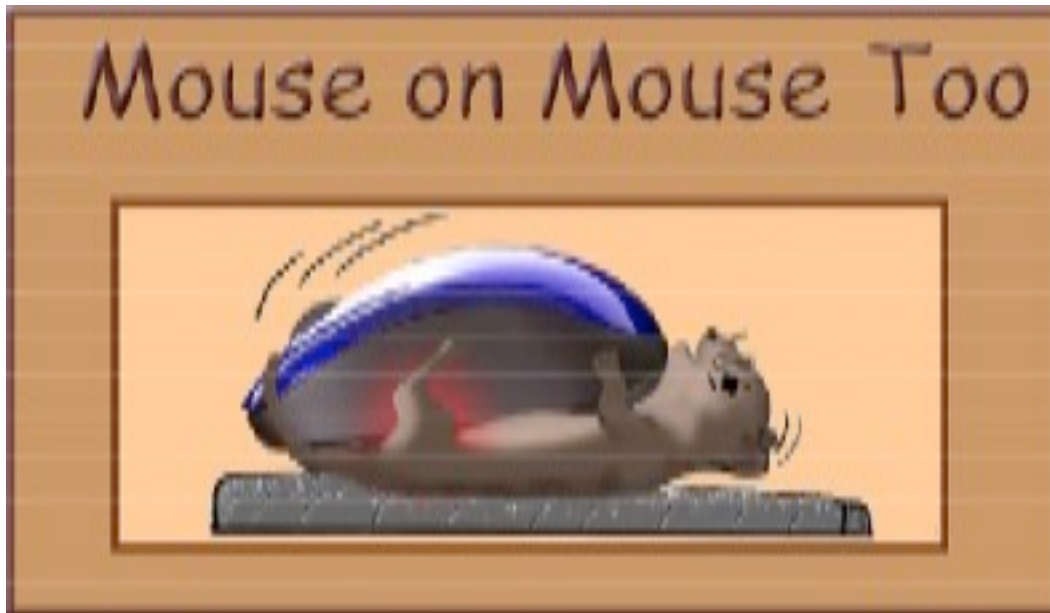
I wonder how it would have worked out, if he's turned around and tried to knock the cheese off with a quick swish of his powerful Moby Dick-like tail?



I heard the Big Guy complaining that she's sticking. I wonder what's causing that???

This is a great location for dating. The big guy loves to watch pornography, and we find hairless apes screwing a hilarious sight.

A nice thing about this gal is, that when I am fantasizing about other ones and call out their names in the heat of passion, she doesn't seem to mind.



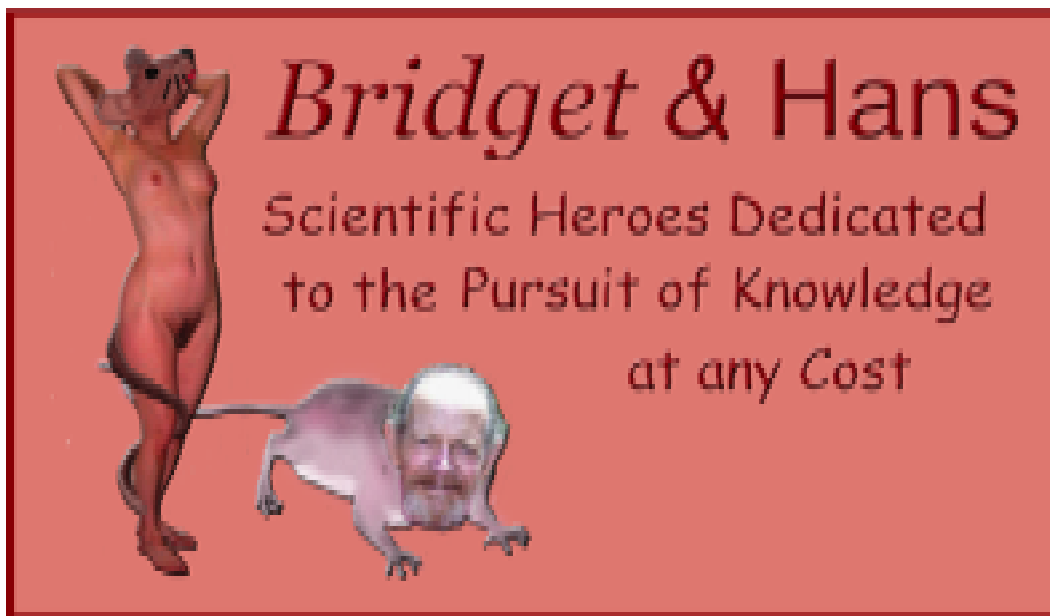
I am starting to worry though - screw screw screw and no babies yet. This is so unmouse-like - the second part that is!

I thought the guy with the long tail was good looking and fun, but this new guy with no tail... Well I did think it was weird at first, but he does take me out on dates. That other guy's always "gotta stay close to home" excuse for being a cheapskate was getting old.

There are so many of you handsome, always ready for sex guys, and so many of us mice females looking for the strong silent type. I know, let's start a dating service!

*This relationship has really expanded my vocabulary of **haptic** inputs.*

haptic - a tactile feedback technology which takes advantage of the sense of touch by applying forces, vibrations, or motions to the user.



**I am more inclined to Buddhism's
Doctrine of Impermanence' now.
*Me too!***

Look Hans, if you want to go out for a walk with me, I'm going to have to put a lease on you, or everyone is going to think you're a wild one, and won't treat you like the little cutie you are. Jeez – just goes to show you what a Ph.D. in genetics from Stanford, and a M.I.T. postdoc is worth these days doesn't it.

You know Bridget, putting a little cheese down there would help me get in the mood. That other smell.... You know that mice aren't **piscivorous**, right? So Bridget – if we met again today, do you think we'd fall in love like we did the first time? *Uhh uhhhhhh haaa haa uhh... well... uhh maybe. Bu.. bu... but maybe not. I mean things are a little.. uhh different now. Oh well – and to think I believed you when you said that you loved me for my mind.*

*Look dear Hans, you are lucky I am being so nice. You were the one who said: "Oh why bother reading the **prolegomenon**" Yeah – thanks – it is tough enough living with that one.*

piscivorous – fish eating.

prolegomenon - a preliminary discussion, especially a formal essay introducing a work of considerable length or complexity.



I've been hearing rumors that our Perfect Guru has a secret catnip habit!!! That can't be true, can it? Not our Divine Felinia! I mean, remember how she chastised us when we came staggering in here after eating those hash brownie crumbs we found after the teenagers' party? *Actually, I hardly remember anything that happened that day!*

I love Felinia's fluffy tail. It is just so magnificent! It gives me something to strive for in this lifetime. Let's go meditate on it. I read that visualizing the result we want, seeing ourselves already having fluffy tails will produce the result we want, if we just try hard enough! Hmmm - it might be easier to just pray for her to give us each one, that is supposed to work too, and sounds a lot easier. *Golly doing the right thing spiritually is getting more complicated all the time isn't it.*

* Alas but I am not becoming a better artist. I borrowed this feline, sans hookah, from an anonymous graffitist.



COMMUNIQUEÉS ON AMERICAN CULTURE

When alien xeno-anthropologists are worried about us,
we should all be worried - and they are very worried!



They're everywhere - and they are watching!



THE WORD OF GAD

Dear Ones – I'm going on vacation. Visiting some my old buddies from Universe Creation School for novice Gads. It is a **Multiverse** after all, and I haven't seen any of them for over 13,700,000,000 of your years. I'm handing off house sitting and pet watching duties to my #1 profit.

GAD HAS SPOKEN



The old Thing is a real joker isn't it. Sometimes I have to wonder what 13.7 billion years figures out to in Gad years. I am thinking adolescent. Anyway – people share things with me. Trying to help me see things the right way; their way. Here's one:

The Hendricks Institute

*Subject: Do You Really Need Blame And Criticism In Order To Grow?
The answer is NO, and here's why:*

In the second stage of manifestation, you develop the art of loving things as they are.

This step is crucial, because only love is big enough to embrace all the seeming mistakes of the past and the bumps along the way to manifesting all your heart's desires. When things come up in a relationship--as they always do--many people blame themselves

and/or their partners. They get focused on the wrong questions, such as "Why are you doing this to me?" or "Why did I do this to myself again?" We've found absolutely no benefit to blame and criticism in relationships.

We decided to try an experiment in our own relationship about 15 years ago. We made a commitment to ending blame and criticism in our relationship. At first, we had to renew our commitment a dozen times a day, because we'd slip into our old default program of criticizing each other. With practice, though, we were able to go first for a day or two, then later a week or two, without criticizing. Within a couple of years, we had completely eliminated blame and criticism, such that neither one of us has said a critical word to the other in at least ten years. Pretty good, hunh?

In relationships, the art of loving yourself and your partner are equal challenges.

In the midst of an argument, for example, you find yourself feeling anything but loving toward your partner. And when you're blaming others, you're locked into fear and contraction. Strangely enough, though, those are the very moments when love is needed the most. In Stage Two of manifestation, barriers come up that need to be transcended. Old patterns like abandonment, guilt and the resonating memories of ancient wounds come forth to be welcomed into the light. At such times, love is not only the best healer. It's the only healer. Only love is big enough to welcome your fears into it. Love is big enough to handle everything. You can even love yourself for not being able to love yourself! Sounds odd maybe, but we've done it hundreds of times and it always works.

Here's the key insight:

Even the most troublesome patterns change when you love and accept them just the way they are.

And here's the key move:

When you notice something you want to change, first love and accept

it just as it is.

What in you most needs to be loved? If you're in a close relationship now, what is it in your partner that you most need to love?

Keep circulating those big life-changing questions in your mind and body, and a life of growing magnificence becomes the answer to those questions.

Here's to wonderful new vistas of love and abundance in your life!

With love, Katie and Gay

Hmmm – maybe in the light of this new material I am going to have to change my approach to enlightenment. Let me think about it... hmmm? Actually no. I have a problem with the Hendrick's rap and others like it. And while I know that it all would be a good idea for many people to get more hip to, there is a more or less subtle but real limitation. The way they phrase their view, a person tries to be non-critical, and if he fails at that, then he tries to be non-critical with himself for that failing, and move on. Is that a sufficiently adequate simple outline? If so, here's the problem with that: It is that such framing makes it a fault to be human. Yes, we all succeed sometimes, and then we all fail, and then hopefully we keep on trying to do better. Sounds okay on the surface. I find it a more compassionate view of self and others, that accepts as given such irregularities in our lives as the norm at all levels of development. There's no perfection in a limited world, and so when we have what they would see as a failure, it requires a conscious recognition of that, and hopefully a choice to try and act differently in the future. Again seems okay, except that whole process is a kind of energy drain. What if instead, and I hope that you will let go into this flow with me: What if as one goes through life moving through these kinds of happenings, one automatically, unselfconsciously, compassionate with self and others, having accepted as a given that one will move on and learn, that one has fundamental trust in one's basic goodness and intelligence. Then one moves through life with all of its complications and consternations, with more grace, more peace, and fewer regrets. And that process, counter-intuitively to many people, gives one more energy to learn and grow in the ways that are most efficient; most loving. Because in this manner, the learning is evoked by the deepest, highest, broadest, most focused, most "real" Source there is. A Mysterious

Source whose gifts are greater, when unblocked, uncolored, unfiltered, undefused, etcetera by the gyrations involved in approaches like the Hendrick's.

A Mysterious Source who is Us. There is so much "Great Relief*" in this kind of leap of identity with the power of the Living Heart.

This is my expression of an understanding that isn't unique to me. It is an emerging insight that I presume will grow as all things do, maturing in its time and place.

Does this make any sense to you? Anything I might try and make clearer?

A profit of gad has spoken

- * For more information on Great Relief see www.wakingdown.org and www.sanielandlinda.com - not that they necessarily endorse anything I've just said.

