

The Metalectual Adventures

Round Three



My intentions are pure, but then intentions aren't everything.

PHILOSOPHY & PERSONAL IDENTITY ISSUES

"All journeys have secret destinations of which the traveler is unaware."

Martin Buber

Like my Neanderthal friends never tire of saying – “you gotta watch those Cro-Magnons, they’re sneaky bastards.”

A guy on a plane asked me a really heavy question: “What’s your final destination?” Whoa man – think about it.

Can you perceive the evolutionary development of philosophic content as this list proceeds through ever more subtle and profound levels of meta-meaning – or am I the only one?

I’ve learned that it is generally a good idea to be more rather than less conscious in any given situation - especially if you want to manipulate it for your own gain.

Bleary eyed and dragging tail – oh where oh where can I get a Red Bull?
Oh the imponderables, the imponderables, they just keep getting more and more imponderable. This is all just so imponderable.

Scientists say we come from star dust. Isn't that messy?

You know that place where everything feels perfect? Me neither.

My shrink said that it would be good for me to keep track of my thoughts by writing them down. So I did, and when I showed him this list he suggested that we begin electro-shock therapy immediately.

Much of what used to be a threat to my sanity has now become my protection against dogmatic adherence.

This old road show just keeps on getting curiouser and curiouser don't it.

Why do so many people fear love more than they fear fear?

People find me so fascinating to talk to that I am going to start charging them.

How much do you think I should charge per minute?

Teilhard de Chardin: *“The being who is the object of his own reflection, in consequence of that very doubling back upon himself, becomes in a flash able to raise himself into a new sphere. In reality another world is born. Abstraction, logic, reasoned choice and inventions, mathematics, art, calculation of space and time, anxieties and dreams of love—all these activities of inner life are nothing else than the effervescence of the newly formed center as it explodes onto itself.... Thenceforward it is easy to decide where to look in all the biosphere to see signs of what is to be expected. We already know that everywhere the active phyletic lines grow warm with consciousness towards the summit. But in one well-marked region at the heart of the mammals, where the most powerful brains ever made by nature are to be found, they become red hot. And right at the heart of that glow burns a point of incandescence. We must not lose sight of that line crimsoned by the dawn. After thousands of years rising below the horizon, a flame burst forth at a strictly localized point. Thought is born.”* (quoted in Steve McIntosh's Integral Consciousness)

Okay – if you are so smart, please tell me just how large the World of Consciousness is. I would really like to know.

Paranoia doesn't live here anymore – I killed it.

We should be grateful for our lives – If we didn't have them who knows where we'd be.

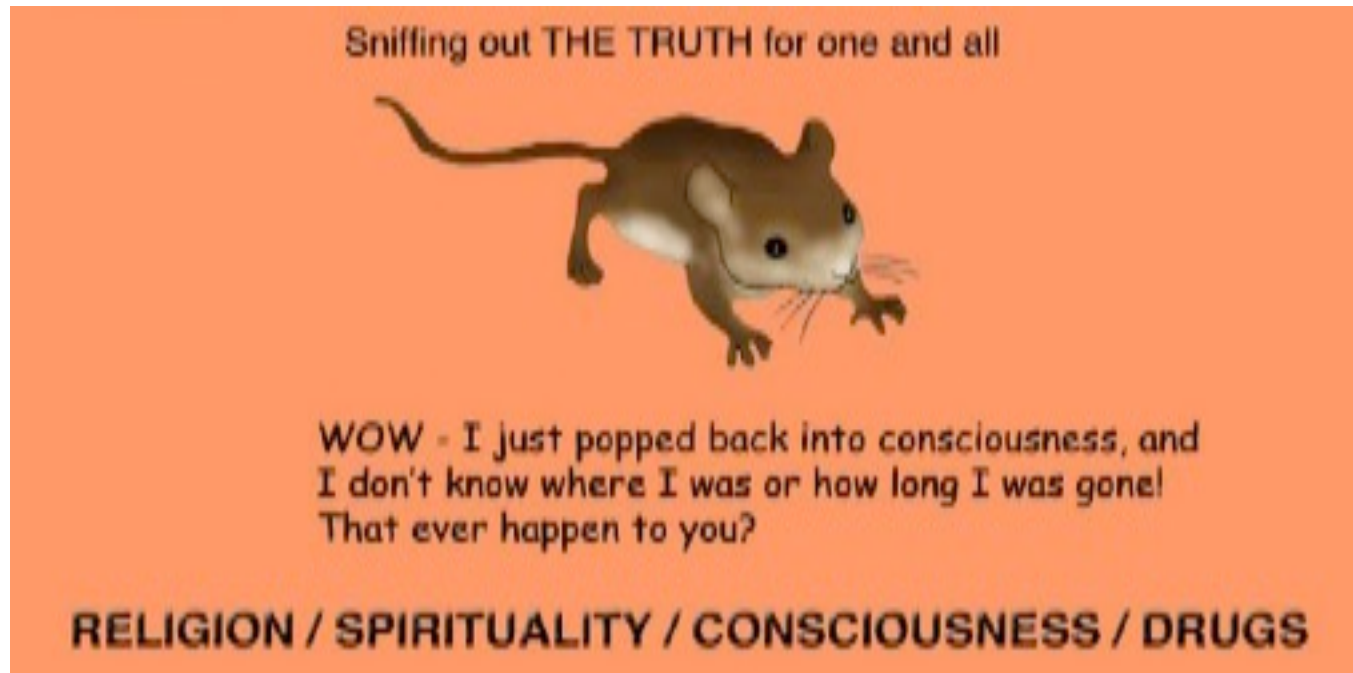
I keep asking myself “Why Why Why” and have yet to receive a good answer.

Oh I see – it's “Because.” Gee thanks.

RedBull – a magical elixer that energizes the body, lifts the mind, and exalts the spirit. (**Guru**

and **Guru Light** sold in natural food stores are even better.)

Teilhard de Chardin – (1881-1955) a brilliant Jesuit philosopher and one of the most important pioneers of integral thought. Because of Catholic politics he had to wait until after his death to have his major work published. Thanks a bunch you sanctimonious cowards.



“Religion is the impotence of the human mind to deal with occurrences it cannot understand.” Karl Marx

Spiritual life is like the story of the race between the hare and the tortoise – some people are trying really hard to figure it all out so they can eventually claim the prize of freedom, and some people have given up trying and already have it.

Suzuki Roshi said: *“Life is like stepping into a boat which is about to sail out to sea and sink.”* What do you think lies in those indigo depths? What currents? Destinations? Companionships?

Of course some acute fear is inevitable but how about we vow to put all chronic fear behind us. Doesn't that sound like a lot more fun?

Wonderment at the Mystery serves as a warm blanket for my soul.

Most grateful am I to be able to behold the consummate artistry of God in things both large and small.



I am not a love addict,
I don't need it,
I just like the taste,

REALATIONSHIPS

*"Let us be grateful to people who make us happy, they are
the charming gardeners who make our souls blossom."*

Marcel Proust

Life without me is most definitely not in your best interest.

The light of your love is so strong that it could pull even the saddest soul out of
the deepest despair of his private hell. (hint hint)

I am the flawless mirror in which you can most perfectly see your peerless beauty
and most feel your noble strength – so why would you ever want to look away?

I was sane when I met you – now I am crazy - it's a good thing.

What's *"I'll Love You Forever"* mean in non-SpaceTime Universe?

Just as soon as we have time machines I am going to go back to that moment
just before I said that 'thing' to you.

My Gifts of Love for you wait like a tray of hors d-oeuvres ready to be plucked by your discerning intelligence.

What part of “Love Me” don’t you understand?

If I am kind enough to offer you my love, then you should be kind enough to offer me yours. That’s only fair isn’t it?

I am a Spiritual Master with infinite riches and I offer you my most precious possession – Me!

I am like a lion, and you a gazelle - I am stalking you with all of my stealth trying to capture the feather light kiss of our mutual silence.

The **Cosmic Aum** led me out into the **Endless Corridors of Time** – is that you I hear coming?

Eons of Time might pass before we meet again – let’s not risk it.

No, it isn’t that you didn’t make an impression on me last night – it’s my **prosopagnosia**.

I have tried so hard to be the right person for you and it hasn’t worked yet so I am changing my strategy and am going to just be myself. *“Hey my little mushmelon - why don’t you just get your sweet fanny over here and sit in Papa’s lap, and let’s talk about the first thing that pops up – heh heh heh.”*

We only have the present moment. (emphasis on “We”)

Massive ironies swirl around and interpenetrate my every thought of you.

Blah blah blah and yadda yadda have no place in how I am going to express my love for you.

Yes I know our chemistry has some problems - but if alchemists can turn lead into gold, then you should be able to change how you feel about me.

I prayed to God for someone just like you – and it worked.

It isn’t my fault that you feel inadequate in my presence – but I might be able to use that to my advantage.

Conscious Embodiment sure is more fun together.

I wonder how many different dimensions of touch we can explore?

Yes I have had some bad ideas – but throwing myself in front of the speeding wreck of a life not together with you wasn’t one of them.

Incomparable moments of unparalleled brilliance could become commonplace if you play your cards right with me.

We’ve just met and I am already thinking about moving in with you. Isn’t that great?

If we get together then my worries will become your worries – but if we get together then I won’t have any worries - so why worry.

I remember the best times in all of my former relationships - there weren’t that many of them – I am hoping to do better with you.

I want what I want – you lucky girl!

If your heart is made of steel - I can't help. But if it is made of frozen love, let's see if it melts in my embrace.

Well girl, I hope you are satisfied – your victory over me was truly **Carthaginian**.
Chance meetings are too unpredictable to waste.

Cosmic Aum (or Om) – the most fundamental sound of the Universe, popularized by Indian and Tibetan religious chanting.

endless corridors of time – where you go when listening meditatively to Tibetan monks chanting Aums, especially while you are on mind-expanding drugs.

prosopagnosia - a neurological disorder that leaves people from unable to recognize faces.

Carthaginian victory – one in which the victor total destroys the vanquished, as in the Romans salting the fields of Carthage's to render them barren.



*Oh MacMouse, you are such a Man!
Sort of like a combination of Superman
and Mr. Rogers!*

Remember when we first touched it was like the wind and the sails kissing,
sending tremulous waves through us both. *Gale winds at least.*
Hurricane!

This is really great and all, but somehow or other we've got to find some kind of
pause button or we'll never get anything done.

You rock my **ventral tegmental area** like no other woman ever has – and don't you just adore how I can get your **left lateral orbitofrontal** and **dorsomedial prefrontal cortexes** to fall off the ol' neurological cliff. *Oh yes and our amygdala sing such sweet songs together as well.*

Remember when you were gone for a couple of months (very very long months) and I grew that beard, and when I told you over the phone you expressed some skepticism and I said: *"Look at it like this: You know how Velcro has two parts that stick together – well think of my beard as one kind and your pubic hairs as the other."* Ohh – I wish I had a recording of her sweet gasp and cooing moans. *Yes I remember.*

*Oh MacMouse you light me up inside like I'm an **aurora borealis**.*

Isn't it great when we are in such a wonderful high state and it doesn't seem as though it could get any better, and then it jumps and does!

And what do women most want? A rich husband? No. A fulltime maid?

No. Okay, I've got it – exceptional children? Well Yes and No.

The 'P' word silly. Oh of course – duh – a hard penis! Well yes, but

No: -PRESENCE, YOUR PRESENCE! Penis? Arrgghhhh - alright then - a penis with presence. No Problemo - you got it! Oh yes - I see that I do.

Oh my God – Fancy you missed your calling – you would have made a world-class **ecdysiast**! *So I have been told.*

Oh you just generated all this bliss in me, and I want to just lie here and integrate it so I can carry it through the day.

You make me feel like a ripe plum; a rich gold kind of goodness.

You bring me to those sweet dark hidden places. It's like honey - thick and gold, so sweet and fragrant.

ventral.... , etcetera– areas of the brain most strongly involved in female orgasms.

aurora borealis – the nothern lights.

ecdysiast – a striptease artist.



A wise man once said that laughter is free good karma. I laugh every time I think of that.

Oh **Opprobrium** Opprobrium Opprobrium put down your childish game of shame and blame and come dance to the angels' joyous song.

I know a self-made millionaire who dismisses all progressive thought with "*Liberals hate America because they hate themselves.*" Just goes to show that there are very different kinds of intelligence doesn't it?

I know another rich conservative who says that he Loves America, but in talking to him I discovered that he doesn't like poor people, fat people, colored people, gays, liberals, intellectuals, artists, etcetera. But he Loves America????

I get so tired of hearing people whine about getting old when there is a simple cure so readily available.

Poetic reverence can climb steep hills to heights that even the strongest legs will never carry you to.

Ebullient is a nice word isn't it?

The five largest arms merchants in the world are the U.S. Russia, China, the UK, and France, who are also the five permanent members of the UN Security Council! That is just so very wrong.

"Criticism is the intellectual's revenge on those who have talent." (I overheard a musician, John Batdorf, saying this to a friend.) So whether you consider yourself an intellectual or not, please keep this mind as you read my work.

opprobrium -

ebullient -



There are some scientists having fun: One group is powering nano-robots with the signals from a moth's brain, while another group is figuring out how to power them the same way sperm manage to swim their merry way along. [Ray Kurzweil's elist]

Researchers have made LED lightbulbs that are brighter and use less power than both standard light-bulbs and energy-efficient lightbulbs, using nano-imprint lithography to make microscopic holes on the surface of the LEDs so that more light escapes. [RK]



Good luck is good – good fortune is better – good sex is best (well except for great sex)..

“Sexual therapy, sexual yoga, and spiritual enlightenment have nothing to do with one another.” (From **David Deida’s** excellent DVD Function, Flow, and Glow in which he elaborates on all of this.)

David Deida – arguably the current premier teacher on relationships, gender issues and sexuality for more highly evolved individuals and couples.



“MacMouse are you okay?” Huh?



(Note: getting closer – I am really feeling some profound ones taking shape in my superconscious mind.)



Note: Having been most fortunate to get to know Susan, I can say with certainty that she walks her talk. She is one of the most consistently joyful people I have ever met, and is a genius relationship coach. If you have relationship issues that need help, know that she is available in person or on the phone (her web info is

listed below). I have seen her quickly help couples break through stubborn blocks that have resisted other interventions. In my life I am convinced that I can maintain the fun spontaneous energy of a relationship for its duration by using the methods she describes in her three truth skills books: Getting Real, Truth In Dating, and Saying What's Real. They are light on theory and high on practicality.

Truth in Dating: Finding Love by Getting Real

by Susan M. Campbell <www.susancampbell.com>

Honesty is the only hope for relationships.

Truth in Dating? Get Real!

Many people laugh when they first hear the phrase, Truth in Dating. “Yeah, sure,” they chuckle, “Like I’m really going to tell a woman I’m seeing that I am attracted to her best friend” or “You think I’m going to tell a man that I’m turned off by how he smells?!”

Popular wisdom has it that the truth hurts, so if you can’t say something nice don’t say anything at all. Yes, the truth does hurt sometimes. But when I am hurt, it’s because there’s buried pain already inside me that needs to be felt, acknowledged, and healed. If I react with fear or hurt feelings when my date tells me he doesn’t want to go out with me again, there’s something in me that’s calling out for attention and for healing—an old outdated belief, or a childhood-based fear that there’s something wrong with me. Sure, I can blame him or label him as incapable of intimacy. And I can say good riddance and keep searching for someone who will not push any of my buttons. If I’m able to find such a person, my reward is I don’t have to face myself honestly, and I get to keep my addictions and my neuroses intact. But if I decide to face my fears and uncover my outdated beliefs about myself, I become more real, more of who I really am. And I become more confident that I can handle peoples’ reactions to my honesty.

Chapter 1: Telling the Truth... What A Concept!

Truth in Dating is about using honesty as a “practice.” A practice is a discipline that you take on intentionally in order to expand your awareness and enhance your capacity to experience life to the fullest.

Chapter 2: Honesty: The Only Hope for Relationships

Everyone values honest communication, but how many have the necessary honesty skills?

Chapter 3: The Ten Truth Skills

Honesty does not come naturally to most people. But it is a skill that can be practiced and learned.

Chapter 4: Is Truth in Dating for You?

Truth in Dating is not for the faint-hearted.

Chapter 5: Getting Clear about What You Really Want

What would you ask for if you didn't put limits on your sense of what's possible?

Chapter 6: Meeting New People: You're Are Attracted, Now What?

When you make it your intent to simply be present, fears about the outcome disappear.

Chapter 7: Flirting with Presence: Aware Communication Can Be Fun

Flirting isn't serious. But many people have forgotten how to play. Playing is present-centered.

Chapter 8: The First Date: Getting Started Without Getting Ahead of Yourself

There are a lot of unknowns at this point. See if you can consciously embrace the unknown and at the same time embrace your need for information

Chapter 9: The Couple's Journey: Romance is Only the Beginning

Telling the truth will definitely speed things along on your intimate journey, but it's also true that some things just naturally reveal themselves over time

Chapter 10 : What to Do When Your Buttons Get Pushed

The truth can hurt, but if pain comes up, it's pain that was already there.

Chapter 11: Deep Dating: Can You Love Your Partner's Shadow?

If you hope to have a long-term relationship, you'll need to be able to love your partner's shadow. Truth in Dating offers a way to uncover peoples' darker, hidden aspects earlier in the game.

Chapter 12: Conflict, Disappointment, and Anger: How to Disagree in a Healthy Way

If you have no conflicts or disagreements in your life, you may be playing it too safe.

Chapter 13: Emotional Openness and Sexual Intimacy: Allowing Your Vulnerability to Show

Self-revelation is sexy.

Chapter 14: Ten Common Myths About Sex and Intimacy

Each person's and each couple's path is completely unique. Beware of your mind's tendency to define, categorize, and compare.

Chapter 15: Dating Dilemmas: How to Be Real in Tough Situations

Honesty hurts sometimes, but it's worth it.

Chapter 16: What Can You Realistically Expect in a Relationship?

A relationship always takes more work than you think it should.

Chapter 17: How to Say Goodbye Consciously

When you know how to say goodbye truthfully and with caring for the other person's feelings, then you can exit with both peoples' self-respect intact.

Chapter 18: How to Let Go and Move On

It's easier to let go if you have some lessons to take with you—lessons that will make you stronger and more resilient the next time around.

Concluding Thoughts:

As I review what I have written in these pages, I feel moved to offer a couple of caveats. The first relates to how difficult it can be to stay on this truth-telling path, The second concern has to do with how communication practices can start to sound like jargon.

MISANTHROPODIES

***Note:** (miss-an-THROP-oh-dees) is a word I coined from the contraction of misanthropic (being distainful of humanity) and parodies (treating a serious subject in a nonsensical manner in an attempt at humor or ridicule). The goal is to make fun of some of the absurdities so commonly found in human behavior by taking them to extremes. Reductio ad absurdum and all that.*

Introducing a new MISANTHROPODY

One for the Little Guys shows what happens to mean people. And yes you should take this as a personal warning regarding the need to respect almost all* of God's creatures – large - small, furry - scaly, vegetarian - carnivorous, pretty or not. * ticks and chiggers are exempted.
(**NOTE:** In the complete work this guy, Baub, and his compatriot, Morlay, are introduced as highly evolved extraterrestrial xeno-anthropologists here studying America's primitive culture's belief systems and myths. They have a defensive ray that can do anything from put a predator to sleep to disassembling a nuclear matrix.)



Prepare to die you oafish anthropocentric lout!

If you'd had your glasses on you might have hesitated before stepping on a mouse with purple antennae.

And I thought you had a weakness for blondes - oh well.

So I guess "let's all just love one another" isn't working out.

Hey bros watch this guy - he's about to do one helluva back flip.

No - thinking "poor little fella" doesn't make it alright.

*Well your shoe can be resoled with a burn hole through the bottom of it -
I don't know about your foot.*

What happened to that "aren't they cute" line you used to say to your wife?

This time you would have been better off picking on someone your own size.

You just lost your chance to win a Nobel Prize for a breakthrough in interspecies communication.

The police are never gonna figure this one out.

You have just proved what Einstein said: "Force always attracts men of low morality."

anthropocentric - regarding humans as the universe's most important entity.

Necro Mouse Love



Today, of all days, I am sooo glad I found
that Viagra under the bathroom vanity.

*My first time under this kitchen cabinet, and I gotta say that the service
is great.*

Thankfully fur doesn't get cold and clammy.

*You were kinda dry at first, and then all of a sudden you got really wet
down there.*

Amazon's (not the river) Revenge



Au contraire - but I do love you
like this for who you really are.

Just pretend I'm your proctologist.

You're right - it isn't fair.

You liked this when you saw it in that porn movie - oh yeah well the woman was on the bottom in that one.

Hey it isn't my fault that you remind me of so many other men I've met.

It'll be more fun if you pretend you're enjoying it. I always did that for you.

Well frankly I didn't think that you had any interest whatsoever in what we've been discussing in my women's group.

You must not have been listening when our therapist suggested adding some novelty to our sex life.

I can hardly wait to tell my mother and sisters all about this.

This is my final desperate attempt to rescue us from the stifling boredom of our marriage.

I did what you do for foreplay - I drank a six-pack of beer and watched a football game.

If you think this is tough, just try giving birth sometime.

proctologist - a doctor whose domain is rear end plumbing.



COMMUNIQUE'S ON AMERICAN CULTURE

When alien xeno-anthropologists are worried about us,
we should all be worried - and they are very worried!

NOTE: In Round One Babu and Mortay were introduced as xeno-anthropologists here
to study and report back on America's primitive myths and belief systems, etc.



They're everywhere - and they are watching!

THE BEST NATION ON EARTH?

We have noticed that all of the American politicians repeat this phrase near endlessly and we wonder what they mean by it. On our world we think about these kinds of social demographic issues as well. For us what is important is how happy and content the majority of our citizens are with their lives, their hopes for their future, their families, their neighbors, their species, and all other planetary life forms. And we are happy to say that we are doing quite well with all of that. So how about America?

We see that if military strength is what is important then the U.S. is certainly the best nation on Earth, being the only superpower and spending as much on their military budget as the rest of the world combined. Although we fail to see how that is making the majority of their citizens any happier unless perhaps they own a lot of stock in one of the large military contractors. (E.g. the stock price of Haliburton, whose KBR division runs the logistics of the war in Iraq, has risen over 500% since that war began. But then selling the U.S. government hundreds of thousands of disposable plastic plates everyday for \$28 a piece will help do that.) And even then their social scientists note that above the poverty level there is no correlation whatsoever between being in a higher income bracket and being happier. We find this odd since the popular myth is that with having more money inevitably comes greater happiness. Oh well – one more popular myth down.

How about the American children because what could be a better indicator of a society's well-being than how their children are doing? Shockingly so we found that 40% of America's children report feeling stressed most or all of the time. Childhood poverty level is second to last among developed countries (only Mexico's is lower). The U.S. is 41st in the world in infant mortality; 1/3 of its children are born out of wedlock, 1/2 live in single parent homes, and nearly 1,000,000 are seriously neglected or abused each year. Childhood obesity is shockingly high and soaring. Not good!

What about American adults: HEALTH: We see that 25% of Americans do not have even one person they can confide in; 26% or some 60,000,000 of them suffer from mental illness in any given year including some 15,000,000 with clinical depression, 3X the number just a decade ago. There were 227,000,000 prescriptions written for anti-depressants in 2006. The nation is ranked 37th in health performance, 54th in health

fairness, and yet Americans spend far more per capita on medical care than any other country. In 2002 3,340,000,000 prescriptions (yes, that's billions) were filled (that's 12 per capita) and the cost of those has doubled over the last 5 years.

EDUCATION: Americans are ranked 49th in world in literacy, 28th in math ability; while 20% think the sun orbits the earth and 17% think the earth revolves around the sun everyday.

GOVERNANCE and LAW: Their democracy is in shambles as 1/3 of eligible voters don't vote and many more despair of there being any genuine choice. 1/4 believe that using violence to get what they want is acceptable, and the leading cause of death among pregnant women is murder! And last year they arrested almost half a million people for possessing or selling a harmless medicinal herb.

ECONOMICS: Some 12,000,000 families are not even able to feed themselves adequately. The household credit debt in 2004 was \$36,910,000,000,000 (that's trillions as in millions of millions) up almost 300% since 1990, thus making America #1 in consumer spending and debt. 37,000,000 Americans live below the official poverty line of \$17,170 for a family of three, whereas the richest 1% of Americans own almost 40% of all the nation's wealth, and that trend is continuing to accelerate.

We could go on and on with such statistics and the already dismal picture would only get worse! One chart of the nations of the world's relative level of happiness had the U.S. at #39.

OBERVATION: America is clearly not only not the best nation but isn't even a particularly good country in the status of its health, education, governance, economics or general level of public happiness.

CONCLUSION: Americans are likely to be in for some very rude awakenings in the not too distant future.



THE WORD OF GAD

reality 1

Dear one I will talk to you about the nature of Reality – your reality, human reality, your earth's reality, the Kosmos', and Mine. All reality shares the same fundamental essence and processes. For now let's focus on your reality. You do have one, don't you? You are 'here' wherever that is – and 'now' whenever that is. True? Except that you aren't – because all SpaceTime is constantly flowing, morphing into something new and different. So there really is no 'here' or 'now' to be or to be in. What is True is that as a conscious being, as consciousness itself, we* can, if we are so motivated, ever more approximate

being 'here/now.' This approximating is an ever further subdividing of the tetratotality into finer and finer discriminations of perception, reaction, apprehension, understanding, empathy, Wisdom, and Presence. Forever and ever, finer and finer, forever and ever.

Q: *“Ahhh – very profound oh Great Lord Gad – but what does any of that have to do with me or give me to work with in my day-to-day life in this weird consensual reality of human culture. You know: going to work to earn enough money to pay my bills, my aching back, getting my car fixed, and all like that?”*

Oh my dear little one this is just so sweet to me, you are so precious. Thank you so much for having the temerity to ask such a question. I know that you are speaking for many others. And I have the answer you seek – actually I have the answers to any and all questions that have answers but we'll hold those until later. Our time is up for today's communion. We'll continue in the next round.

* I say “we” here because even as the **Great Lord Gad** – the sum total of all possible realities and permutations of this, but not other Universes (I have my limits too). I share in the same basic essence and processes of my creation. How could it be otherwise?



GAD HAS SPOKEN



“And the Great Lord Gad struck a great line across the firmament dividing the All That Is into two parts. On one side he put all that is good and on the other side all that is bad. And as my friends and I looked up in wonder trying to discern which side of the line we were on, concluded that we are right in the middle. And that my friends is why it is so darn weird here on this earth plane.” So speaks a profit of the Great Lord Gad.

