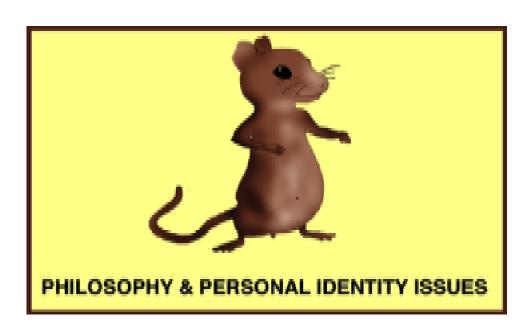
The Metallectual Adventures

Round Five

APHORISMS



Studies have confirmed that more intelligent people are also better looking. It may not seem fair, but there you have it.

Gosh darn it - with better genetics I could have been really good looking.

"We must never be afraid to go too far, for truth lies beyond."

Marcel Proust

Reality is overrated - give me a good fantasy any time.

No – I don't suffer from **epigrammatic malaise** but thanks for asking. I am an 'average" person. So many people want to be special that it makes them average. So those of us who are willing to embrace our "averageness" are thereby special. So once again I assert that I am an average person.

Have you ever seen your deep history in the face of another person once profoundly loved and never forgotten turn itself inside out in a slow burn of primordial grief? I have.

5.1

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Everything is so incredibly beautiful - I better lower my medication dosage.

My neurotransmitters can kick your neurotransmitters' ass anytime.

I arose before dawn to sit and greet the morning in invitation of insight inspired by beauty – the day broke gray and wet and cold – but no matter.

Oh Precipitous Calamity you have upset my carefully constructed plans yet once again. Thank you.

The lengthening of the seconds and the shortening of the days carry me inexorably towards my final hours.

Believe what you must about me – but I am not a **clodpate** no matter how often I may act like one. I think you're the clodpate – so there!

Alfred North Whitehead: "The dogmas of religion are the attempts to formulate in precise terms the truths disclosed in the religious experience of mankind. In exactly the same way the dogmas of physical science are the attempts to formulate in precise terms the truths disclosed in the sense-perception of mankind."

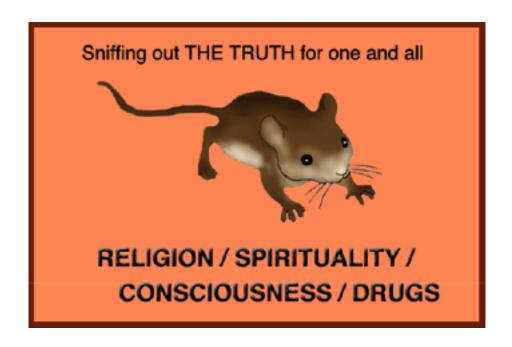
Daniel Goldman (<u>Emotional Intelligence</u>): "It takes will to get cognition to overcome emotion."

Marcel Proust – (1754-1826) French novelist, critic, and essayist.

epigrammatic malaise – an almost universal condition in which people are not able to articulate views of reality in brief incisive terms.

clodpate - a stupid person; a dolt.

Alfred North Whitehead – (1861-1947) a brilliant English mathematician who became a philosopher.



Once I started falling into myself and found Eternity in the luminous phantasmagoria within the play of cells, molecules, and atoms. The ever present bliss of being.

"God expects but one thing of you, and that is that you should come out of yourself in so far as you are a created being made and let God be God in you." Meister Eckhart

Time comes and goes while what stays present just watches and smiles. All Jesus asked of me was to be of good heart, and Lord knows I'm trying. If we didn't fall asleep we'd never have the rush of waking up again.

The study of cosmology makes my mind feel small and my spirit feel large.

The study of **cosmology** makes my mind feel small and my spirit feel large, very very large. And the study of **kosmology** much more so.

Graffiti found on the **Esalen Institute** entrance sign in Big Sur, California: *"jive shit for rich white people"* What do you think?

Oswald Spengler, once referred to religion as an "endless incoherent rhapsody of fable and precept" – hmm.

Once upon a time in a land not so far away on a high dose of LSD I simultaneously experienced all the of the continuum of SpaceTime from the smallest and briefest to the largest and longest. And you know what, we humans got the sweet spot right in the middle. Is that great luck or what?

Kosmogenesis works for me.

Herni-Louis Bergson: "What we call matter is nothing but the repetition of experience."

Meister Eckhart - medieval Christian mystic.

cosmology – the scientific study of the origins of the Universe

kosmology – cosmology* plus the understanding that consciousness has been the ever present foundational nature of the physical universe.

*from the teachings of Teilhard de Chardin – the theory of evolution in which progressively higher forms or order arise out of earlier ones. The physiosphere of prelife, the biosphere of life, and then the noosphere of self-consciousness.

Esalen Institute – the first well-known personal growth center of the 60s culture. This is where all sundry of things from encounter groups to primal screams to Rolfing (not necessarily all at the some time though) gained their initial prominence.

Oswald Spengler – (1880-1926) famous historian; author of <u>The Decline of the West</u>. **kosmogenesis** – the creation of the kosmos, i.e. the physical and metaphysical Universe **Herni-Louis Bergson** – (1859-1941) influential French philosopher.



Your fathomless eyes hold dark deep mysteries - kinda like that space under the refrigerator.

"A journey is like marriage. The certain way to be wrong is to think you control it." John Steinbeck

It has taken me so long to say "I Love You" – I wonder how long it'll be before I really mean it?

Sitting by the fire I realize that I am the flame to your log – or is it the other way around?

Whoa there – you almost got by me - that would have been a tragedy.

Yes Honey, I know it's been a long time since we've done it – but can we please just wait till halftime?

Oh God – your lips are sweet temptation, my heart is on fire and my loins ache with sweet desire, my every cell is consumed by the need for you – Oops, halftime's over, let's get back to this after the game, okay Honey Doll.

I like looking at you with my glasses off – there's a nice soft warm rosy glow that isn't there when I have them on.

If we weren't so good at tuning each other out, I don't think that we could have as good a relationship as we do.

Of course I heard what you said – just because I can't tell you what it was doesn't mean that I wasn't listening.

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I wonder why it is only around you that I go into hypophonia and hypomimia?

I really do love our relationship, but sometimes I do miss my ex - she was so good at telling me how wrong I always am.

I thought I was immune to such things but you sure did **ensorcel** me.

Hey, this isn't a court of law so it doesn't matter if all the evidence points at my being wrong.

When I wake up in the morning and the first thing I see is you – I wonder why I'm still alive.

You sure are one sweet honey of an 18-wheeler version of Hell on Wheels.

Once I declare my undying love for you, I promise not to quit until I am good and ready to.

It's true: absence does make the heart grow fonder – fonder of the single life.

You know you could be a little more supportive of my ideas even when they're crazy. I do that for you all the time.

I am like a magnificent peacock in the prime of my life, spreading my glorious tail just for you my little peahen. What do you mean "No!"

No Dear I was not implying anything when I said that I am finding wrinkles and cellulite more attractive all the time.

I saw the smoke in your eyes – I just didn't know it was from dry ice.

Oh sure galaxies come and go, but that doesn't mean that my love does.

If you were Snow White and I was one of the seven dwarves - I'd go looking for a stepladder.

I may know me and you may know you, but I can guarantee that neither of us can yet know we.

Jeez girl - you sure know how to use the truth as a battering ram - ever hear of skillful means, or compassion?

I hate to be the one to break this to you – but you'd be a lot more attractive if you weren't such a compulsive **avaunter**.

A woman friend of mine said: "I can tell how much I love a man by how I feel when I'm folding his laundry."

May we please, please, oh please have an anodyne relationship?

My raison d'etre is to love perfectly – can I practice on you?

She does what she loves and that is good – and she does what she does from love and that is even better.

May we come together and grow a halcyon home.

Any more of these **lèse majestés** and I am outa here girl. What makes you think that you're the Queen?

hypophonia - a neurological condition in which the voice becomes monotone and softer and softer.

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hypomimia - a neurological condition involving the loss of facial expression and a stooped posture, short shuffling steps, and reduced arm swing – even if the person is in a good mood.

ensorcel – to bewitch.

avaunter - someone who boasts too much.

anodyne - anything that relieves distress or pain.

raison d'etre - is a phrase borrowed from French where it means simply "reason for being." halcyon - tranquil and free from disturbance or care.

lèse majestés - an offense or crime committed against the ruler or supreme power of a state; an affront to another's dignity.



You make me giggle like a girl and moan like a woman.

And smile like a crocodile. What? Whap!!!

I love that impish look. It's like you're warning me: "Look out, here I am in the predatory pursuit of mutual pleasure."

I love lying side by side with your leg between my thighs - kind of like a grown-up's rocking horse.

I love your mind. *I am so glad*. But please don't make me choose between your body and your mind. *I won't - I come as a complete package*. Yeah – the ultimate travel kit – and oh so beautifully wrapped too.

You do know don't you that as I pleasure you I adore you. And I mean that in the sense that the magi adored the baby Jesus.

I am so glad that you aren't umbrageous. And I'm so glad that you've

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noticed.

- Oh wait I can't move yet I have to get my bones back together I'm totally dissolved. Yes I know the proof is in the puddle. Whap! "MacMouse you are a nasty lascivious old mouse!" Well actually I prefer to think of myself as a kindly mentor to needy and deserving young females.
- Oh the tumescence, the tumescence as you fill with pink golden luminescence, radiating unconditional love and bliss to all of life. Ahh, and you live with me. Yes you are a quite fortunate man aren't you. OHHH YES!
- Once again the Question arises. What time is it? No! (looking over his shoulder at the clock "we have plenty") Once again the Question arises: WHO and WHAT ARE YOU??? Silly man I AM YOUR MATE! Your free and equal perfect partner as you are mine.
- Ohh yes yes your siren's song inexorably calls me to dash myself to the *petit mort* against the shoals of your passionate love. *Oh yes come to me my lovely man, you are helpless against the strength of my pleasure's magnetic draw.* Oh I am I truly am.
- I love it when you totally relax on top of me and let me take all of your weight. It feels so good to me. I am made for love.
- You are sooo graceful you must have been a **nautch** girl in a previous life. I remember that time when we were making love and it was so exquisite and when I finally came it was so spectacular and then the oddest thing happened, instead of settling down I found that I had emerged into a whole other higher realm of orgasm in which everything was bigger, stronger, more intense than anything I had ever known before. I wasn't there long but it beckons for further investigation. And later when we talked I wasn't surprised when you said that in your own way it was the same for you. *Yak yak yak yak*.
- I knew that you can do so many things so well, then the other night at that party I found out that you can trill. Oh oh oh and later I found out that you can chortle too! And then later that you can guffaw! And now you say that you don't caterwaul. Hmmm we'll see.

umbrageous - easily offended; irritable.
 petit mort - French for the 'small death, i.e. orgasm.
 nautch - a popular form of dance performed by young girls in the Mughal courts of India.



SCELLANEOU

Since the blogosphere is full of soldiers ranting that the Iraq war is a cruel farce and is all about oil, how come we never ever see anything like that in our mainstream media? What free press can we have when it is almost all owned by a handful of huge multinationals with their own agendas? that make you fear for our country's future like it does me? And if not, why not?

Japanese Schoolgirl watch: They can buy portable MP3 players that are acne fighting devices as well. The owner holds its nozzle to the acne while alternating settings for emitting negative and positive ions which supposedly helps resolve the acne problem. (\$184 / 128 Mb) [WIRED magazine]



They recently found a fish fossil that is unique in that it has a neck, (Have you ever seen a fish with a neck?) and rudimentary arms and hands. more blow to the Creationists' justification for their belief when they claim that there are too many missing links for creation to be anything but a magic act by God.

Along the same lines they also recently discovered a different kind of deep ocean vent that has been producing building block chemicals of life from purely inorganic materials. [Science News magazine]

And it turns out that a recent survey of Sol-like stars in our galactic neighborhood found that many of them have planets or proto-planets in the biosphere range, i.e. were the temperature range allows water to be liquid and presumably life similar to ours to form.

To protect your muscles eat salads or so say researchers at the Human Nutrition Center on Aging. The potassium in fruits and veggies in sufficient quantity offsets most if not all age-related decline in muscle.



Have you noticed how hard it is for couples to break up if they are having good sex even when other things aren't working – and vice versa?

The transfiguration of carnal desires into spiritual yearning is a good first step on the way to really enjoying those desires as they are meant to be enjoyed by free and mature human beings.

Imagine how different our culture would be if it were commonly recognized that for physically and emotionally healthy people sex gets only better with age. Really – lots of boomers can testify to this.

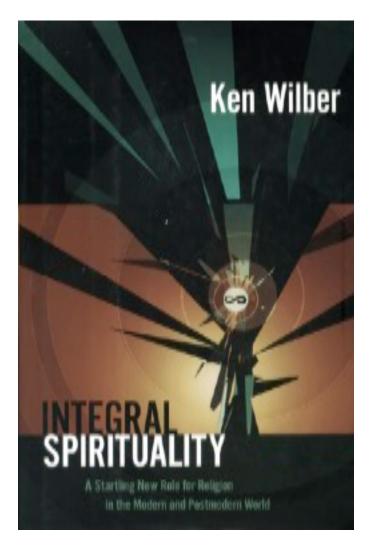
One friend recommends putting a little bit of cayenne pepper in sexual lubricant for extra hot sex! What do you think? Sounds masochistic to me. Let me know how it works for you.



"Yes MacMouse – I hear you say that you are okay but please trust me. I am your friend and I truly care about you. I am here to help you get through whatever it is that you are going through. Please let me into your private hell no matter what it is." Huh?



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A truly important book by America's most widely published academic. There are many important insights in this book. I found the discussion of the two kinds of enlightenment, i.e. growing up and waking up to be especially interesting and useful.

INTEGRAL PRIMER

<www.IntegralLife.com>

What meme are you? I've been emerging from green and moving up into teal and turquoise and....

You know how when green romanticizes red and demonizes orange, amber wins, i.e. and we get stuck with someone like Dubya.

Want to be part of the evolutionary vanguard of human consciousness? Studying AQAL will help.

Did you know that there are two kinds of enlightenment – **vertical** and **horizontal**?

I didn't either until I read Ken Wilber's Integral Spirituality.

P + 10 = Yea! P + 25 = WOW!!!!!

My **quadrants** are humming along just fine thank you; my rise through the **levels** is going nicely; my **lines** are getting balanced; my **states** are healthy, happy, and whole; and my **type** is definitely me. Is there something else for me to do? Oh yeah – moment by moment!

"The integral practice of truth involves the discernment of that which is most real in what we experience. The spiritual quality of truth cam be seen in the way that it illuminates the potential for progress by giving us the power to see how things really are, and thereby improve any situation by making contact with actual conditions. Truth thus becomes spiritual when it results in the power to create evolution—to improve the human condition, even in the smallest ways."

[Steve McIntosh's Integral Consciousness p138]

meme – as used in, but not original to, **AQAL**. The realization that all things always arise in a system that includes the individual and the collective domains in their internal and external manifestations. Very useful in understanding how various systems relate to each other and can be made more comprehensive.

red meme – the pre-conventional warrior stage of consciousness.

amber meme – the traditional or mythic-ethnocentric stage.

orange meme – the modern rational stage.

green meme – the postmodern, hip boomer, pluralistic-egalitarian stage.

teal and **turquoise** – the first postpostmodern integral stages.

AQAL is short for all quadrants, all levels, all lines, all states, all types – the five basic categories of integral philosophy as developed by Ken Wilber. This map appears to be the simplest way to understand the broadest range of all human endeavors in a related way. **vertical** – stages of consciousness.

horizontal – states of consciousness.

Ken Wilber – the extraordinarily intelligent primary founder of integral philosophy.

P - the present time, 2010. In 10 years integralists may become a large enough share of the population, about 10% for their ideas to begin having real influence on the culture. In 25 years the current ever accelerating rate of exponential growth in science and technology may bring forth societal changes impossible to imagine at this point in time. Search Ray Kurzweil. quadrants - from Ken Wilber's integral philosophy (AQAL). The realization that all things always arise in a system that includes the individual and the collective domains in their internal and external manifestations. Very useful in understanding how various systems relate to each other and can be made more comprehensive.

levels – stages of cultural and personal development that have been evolving through prehistorical and historical time. They are given different names by different developmental

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psychologists. Some common ones are: archaic, magic/warrior, traditional/mythic, modern/rational, postmodern/pluralistic, integral. Currently about 30% of Americans are traditional, about 50% modern, some 20% postmodern, and a few % integral.

lines - the primary ones are physical, emotional, mental, and spiritual, with other ones such as culinary or musical.

states - deep sleep, dream sleep, waking, nature mysticism, witnessing, non-dual.

types - male/female, introvert/extrovert, enneagram types, etc.

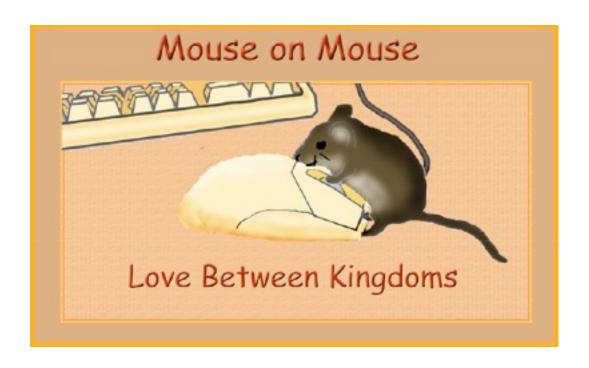
Steve McIntosh – an integral thinker and author; easier to read than Ken Wilber.

< www.stevemcintosh.com>

MISANTHROPODIES

Note: (miss-an-THROP-oh-dees) is a word I coined from the contraction of misanthropic (being distainful of humanity) and parodies (treating a serious subject in a nonsensical manner in an attempt at humor or ridicule). The goal is to make fun of some of the absurdities so commonly found in human behavior by taking them to extremes. Reductio ad absurdum and all that.

Introducing another sophisticated misanthropody for you readers of discriminating intelligence and taste:



(and you thought interspecies sex was far-out - HA!)

- I know this is silly but remember that it is only a prototype for the hyperintelligent life-sized realistic feeling fully functioning (if you know what I mean) human model that is coming to the mall near you soon.*
- Sometimes she really glows and feels alive and sometimes she feels like she's totally turned off.
- "Sheeet Dude look at that fuckin' mouse will ya course I been drunk enough to fuck anything that wouldn't run away too."
- All my life while scurrying around on the floor below I have wondered what lies in the heavens above. I finally get up here and oh my God, I find this beautiful angel waiting for me.
- Every night I mark her with my scent, then every day this big-ass human dude comes along and wipes her off. What? Is he jealous because I'm the one who's getting her sweet loving?
- This could start a trend of inter-kingdom dating. I can see guys humping their televisions and cars because sex really is better with those you love.
- I don't know, I mean I like her like this, but before all the botox injections and implants she was more cuddly.
- Gosh compared to me she is practically immortal. I wonder how many more male's hearts she'll break before she's done?
- I keep inviting her back to my place but she'll only so far before she always

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stops and won't go any farther no matter how much I plead.

This girl's one tough broad. The other girls I've banged moan and scream when I give them all I've got, while she just lays there begging for more. She's insatiable I tell you. Insatiable!

The other girl was here for a long time and then all of a sudden one day she was gone with no goodbye or anything, and this new babe shows up.

You'd think that without fur she'd get cold at night, but she doesn't seem to.

Good thing I don't live in Saudi Arabia because if they caught me doing this there they'd execute me for sure.

I forgot to put in my contacts this morning and look at what happened.

C'mon honey – I know that you must have been really hurt to shut down your feelings like this. Please – won't you talk to me about it?

* "Lars and the Real Girl" is a sweet smart funny movie.



Until now necrophilia was just a word to me.

I can hardly wait until I can tell the other guys that I scored with the Princess.

They say that whoever dies with the highest endogenous opiate level

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wins. Congratulations!

Chance meetings like this are too unpredictable to waste.

Well, this certainly looks like an interface between destiny and necessity doesn't it.

I am having a beautiful fantasy about our life together - how about you? And I thought I was joking when I said that our love life would follow a logarithmic progression towards an asymptotic climax. But WOW!

logarithmic progression – a rapid kind of growth most commonly in base 10, i.e. 1>10>100>1,000>10,000 as compared say to growth by multiplication, i.e. 2>4>8>16

asymptotic - a progression drawn as a curve which continually approaches a line but never reaches it. Visualize a curve that climbs faster and faster as it approaches an end line until it appears to be climbing straight up. WHOOSH!



Look at it this way - if it isn't great for me the first time, I'll probably never call you back.

I'm hearing the Star Trek theme - "going where no mouse has gone before." Well yes, some people might consider this to be a boundary violation -I'll think about that later.

So now we'll get to see if bigger really is better won't we.

Want a drink first - it'll help you relax.

Oh damn - I forgot to pick you up a sexy little something from Victoria's Secret.

Hey - I paid for dinner so I get sex - isn't that the way it works. Sure I'll tell you "I love you" if that helps you get in the mood. That's odd - not a single fart joke tonight.

You kept asking and asking for anal sex so I finally decided to give it to you. We're gonna rock n' roll and have fun tonight - I can feel it in my bones. At least I'm not cheating on you like you did on me you bastard.



What part of "Thou Shall Not Kill" didn't you get?

No, your wife isn't going to miss you - I've heard how she talks about you to her women friends.

Too bad you didn't take those charm school lessons as a kid - you might have avoided this fate.

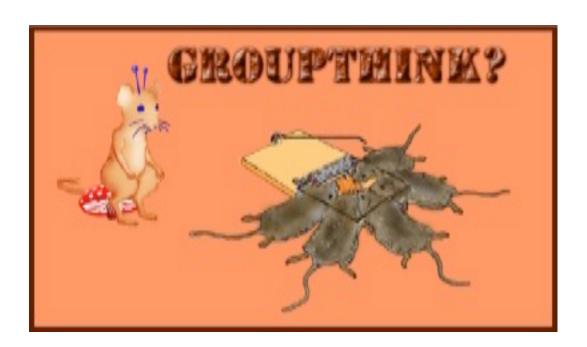
In a contest between a hard-soled shoe and a disassembler ray, quess which one wins.

There's gonna be a party under your kitchen cabinet tonight - Oh Yeah! From what I can see no one except the clerk at the liquor store is going to miss you.

Too bad you won't be able to tell the guys at work about me - but then they'd never have believed you anyway.

Gotta put one more notch on the old antennae.

Too bad you won't be around later for us to joke about this. Yes, it is true that your carcass will be harder to clean up than mine would have been, but then that isn't my problem now is it. Can't you just hear those civil-rights marchers singing "We Shall Overcome."



Ha ha ha - I figured this would happen when I promised the tabloids a video of Hillary and Obama having hot sex!

"Build a better mousetrap and they'll come" was never more true.

When I told the guys that the blue specks in the cheese were pieces of Viagra I thought that surely they'd know I was joking.

The cat's gonna be pissed to have lost all of his midnight snacks.

Ahh - they must have been real estate speculators.

"Free Super Bowl tickets!" "Get your free Super Bowl tickets right here!" How are they going to figure out which one tripped the trap mechanism, and who were the innocent victims? Surely the insurance companies' lawyers are going to want to know.

Now we know who believed the televangelist's sermon about how his holy cheese could erase their sins.

They must have been fresh off of that aid plane returning from Darfur. And I thought it was "monkey see, monkey do."

You'd think that someone on the team would have been smart enough not to

ask the losing coach where to eat after the big game.

If you ask me I think that unmitigated greed is ruining this country. Do you agree?

A sure cure for obesity.

Okay okay - so my plan to help ADHD youngsters slow down did have a little flaw in it.





Supporting Democracy?

We have noticed this substantial discrepancy between what the American leaders say and what the government does. (In using the term government we mean both the overt infrastructure, the covert operations, and the capitalist corporate powers which really control it.) The leaders seem to never tire of saying how they support creating more democratic governments in the world. But studying the U.S.'s recent history we find that since their World War II (which they handily won) they have destroyed close to 40 democratic governments in other countries. A professor William Blum documents much of this in his book Rogue State. It seems that genuinely democratic governments correctly choose to serve their own citizens' interests rather than the multinational elite's, and that is generally not considered acceptable, especially if that country has physical or geopolitical resources the U.S. wants to exploit. This is obvious to educated people all over the world except commonly in the U.S. itself. Odd!

These policies have frequently led to what the U.S. government's international secret enforcement organization - the Central Intelligence Agency - refers to as "blowback." For example: Iran had a good democratic government after WW II. But it wanted to control its own petroleum resources and stay out of the power struggle between the U.S. and a no longer existing entity referred to as the U.S.S.R. So the CIA sent in agents who fomented chaos by paying gangs to riot in the streets, etcetera, and then bribed generals and others to help destroy the government. Then they installed a vicious dictator to do the U.S.'s bidding. Finally after decades of repression the Iranian people overthrew him and established a government rather even less to the U.S.'s liking than the one they initially destroyed. And peculiarly enough, for some unknown reason, the U.S.'s rulers and their CIA haven't seemed to learn the obvious lesson.

OBSERVATION: Citizens of the U.S. are uniquely ignorant of what their government does in the world.

CONCLUSION: Their government and its owners are very good at manipulating public opinion and most of the citizens seem happier that way.



THE WORD OF GAD

Reality 2

DEAR ONE - Yes I know that you are a deeply spiritual person with sincere and powerful longings. I know that you wonder how to make a transition from who, what, and where you are now in your evolutionary process to who, what, and where you'd like to be in your spiritual realization. True for you? (And if not then please read on or not as you choose for any entertainment value that this may have for you.) As a spiritual elder and friend I ask you to try on this: Since, as I earlier explained: "There is no Oneness," how about if now (technically 'as close to now as you can come') in these moments in which you are reading this let yourself surrender to the deep yearning you have for oneness and perfection. Yes? And then accept that as you are reading these words that you get to be an ordinary flawed person, sometimes even worse than ordinary, and accept that this is the most spiritual thing you can be and do. Are you doing (Actually of course since I am the Great Lord Gad I know whether you are this? or not.)

And guess what – in the midst of this certainty of your very ordinariness, in this very simple total acceptance of your self just as you are – your Heart can easily open to infinity. Truly! Expand to infinity in an instant – and once your self-imposed boundary is gone it is never coming back, no matter what you do or don't do. If you find this hard to believe it is simply because you have some bad thought habits, i.e. you are obnubilating. These can be changed once you begin becoming conscious of them as they arise.

You may have come upon the realization of your Heart contact with all Space/Time as the best rush of your life because as the irony of your always having existed heart connection with everything strikes you it will probably* be the funniest moment of your life.

Okay – so now is everything copasetic? But there is a "but" which we will get to in the next round.

* I say 'probably' because even I, the Great Lord Gad, never predicts the future.

obnubilating - one's not seeing something obvious because of conditioned reflexes which persistently cause him or her to avoid it.





"Since being supremely blessed by the grace and mercy of the Great Lord Gad my spiritual life is either a feast or a famine. Either I am separate from the rest of the totality and have all of it to savor and explore - or I am one with it All and there is nothing whatsoever left over to ingest and absorb. You'd think it would make more of a difference to me than it does wouldn't you." So speaks a Profit of the Great Lord Gad.

